



SINEAD BOLAND

CLINICAL CASE MANAGER - OT

SNAPSHOT

Highly specialist occupational therapist with experience in complex neurological and development disorders. Sinead's warm and personable manner coupled with client-centered approach leads to development of close therapeutic relationships with clients and their families to enable them to reach their goals and aspirations.

SPECIALIST AREAS

- Children up to 19 years ✓
- Adults with neurological conditions ✓
- Posture management ✓
- Brain injury ✓
- Spinal Cord Injury/Orthopaedic injury ✓
- Facilitating independence ✓
- Manual handling ✓
- Adaptations and equipment provision ✓

PROFESSIONAL QUALIFICATIONS

- BSc Hons Occupational Therapy 2004
- Sensory Integration Level I and II
- Train the Trainer Level 4
- Level 2 YMCA Fitness Instructor

CONTACT

@ sineadboland@taniabrown.com

01257 473967

www.taniabrown.com

CURRENT MEMBERSHIPS

- HCPC
- BAOT
- NDE
- BABICM

GEOGRAPHICAL
London/South



EXPERIENCE

Sinead is a highly specialist Occupational Therapist with more than ten years' experience of working with both adults and children in the field of posture management, complex neurological disorders and developmental disabilities. Sinead has worked in a wide range of settings including NHS, Social Services, Community and Residential settings, Specialist Schools and Child Development Centres.

Sinead qualified as an Occupational Therapist in 2008 and began her occupational therapy career within a large NHS foundation trust in Birmingham, where her clinical experience included neurological rehabilitation, orthopaedic trauma, community rehabilitation and general medicine and surgery. During this post her caseload consisted of patients following a wide range of injuries including fractured neck of femur, spinal injuries, peripheral fractures and poly trauma. She was responsible for managing a varied and complex clinical caseload, undertaking functional assessments and interventions to facilitate safe and effective discharge planning. Due to the fast-paced environment, she developed sound prioritization, time management and organisational skills in this role. Along with developing expertise in her clinical skill-set, she also developed her supervisory and leadership skills. She worked closely with senior therapy colleagues to ensure the efficient running of the team and department. This included coordination of the workloads within the team and supporting other members of the multidisciplinary team. She was committed to adopting a holistic approach of care and advocated a client centred view across the multi-disciplinary team. She used her communication skills to ensure the team worked together to enable the clients to achieve meaningful goals and enhance their independence and quality of life.

In 2010, Sinead then moved to Ireland where she worked for three years within the Health Service. Sinead practiced as an Occupational Therapist in a Primary Care setting and worked with a varied caseload, which included adults with varying diagnosis including multiple sclerosis, brain injury, cerebral vascular accident, dementia and rheumatoid arthritis. In this role, Sinead provided occupational therapy assessment, treatment and advice to patients in their home environment, community hospital or outpatient setting in order to promote and facilitate patient independence and well-being.

Registered Address: 1 Suffolk Way, Sevenoaks, TN13 1YL
Address: Unity House, Westwood Park Drive, Wigan WN3 4HY

t: 01257 473967
e: info@taniabrown.com
w: www.taniabrown.com

She monitored, evaluated and modified treatment in order to monitor progress and ensure effectiveness of intervention. Sinead developed her skills in working collaboratively with the client and their families in order to gather information, assess, provide interventions and to ensure all goals were client centred, measured and evaluated in a timely manner. Sinead was responsible for identifying and providing services, aids and adaptations to ensure client's risks were managed and to enhance their quality of life and independence. In this role, she worked collaboratively with service users, their families and surveyors to draw up plans and schedules for adaptations required. Using highly developed assessment skills, she became adept at managing complex care of clients, involving families and relevant services as an essential part of the team.

In 2012, Sinead then moved across teams from adults to Paediatrics and worked within the Primary Care team where her caseload consisted of children aged 0 to 19 years with a range of physical and developmental conditions, including cerebral palsy, acquired brain injury, developmental co-ordination disorder, sensory processing disorders and autistic spectrum disorder. Her duties included planning, modifying and conducting assessments and intervention/treatments in the clinic or other community settings. Sinead also worked towards clearly defined clinical outcomes by agreeing goals and priorities for intervention and the methods to be adopted based on results of assessment, best practice and in partnership with the child, significant others and the multidisciplinary team. In this position, Sinead advocated strongly for the best interest of the clients and their families ensuring they were in the centre of the decision-making process.

In 2013, Sinead then moved to Dubai, where she, along with another therapist, set up an occupational therapy service for children and young people in one of the developing clinics. She liaised closely with Senco's and principals and was successful in securing secured contracts with neighbouring school and nurseries to implement occupational therapy in their educational setting. In this role, Sinead worked with a variety of conditions and complex needs, including cerebral palsy, acquired brain injury, spina bifida, developmental coordination disorder (dyspraxia) and autism.

Registered Address: 1 Suffolk Way, Sevenoaks, TN13 1YL
Address: Unity House, Westwood Park Drive, Wigan WN3 4HY

t: 01257 473967
e: info@taniabrown.com
w: www.taniabrown.com

Her other responsibilities included developing nursery policies in relation to appropriate therapy provision, producing termly IEPs and measuring therapy progress through the Goal Attainment Scale.

Sinead also worked closely with class teachers on occupational therapy provision and supervising any input which was not conducted personally.

In 2015, Sinead then returned to the UK and worked within a Paediatric Outpatient Clinic in London. Her responsibilities included supervising, training and developing the Occupational Therapy Team as well as contributing to departmental and Trust improvements. Sinead developed the Occupational Therapy Service within The Children's Centre to a position of strength. In an effort to reduce the growing waiting list, Sinead was part of the team who set up paediatric community-based fine and gross motor skills group named '*Happy Hands*' which played a huge part in reducing the expanding waiting list. In this role, Sinead used a client-centred and collaborative approach, bringing together those involved, to provide the child with the highest quality of support.

In 2017, Sinead moved to work in a specialised school for children aged 3 to 19. Sinead's caseload consisted of children with a wide range of needs ranging from medical and sensory impairment to communication, ASD, or physical needs. She worked as a supportive member of the multi-disciplinary team by analysing the pupil's progress academically, behaviourally and therapeutically. She developed interventions strategies for children presenting with difficulties in some or all of the areas of self-help skills and motor coordination which affecting their participation, wellness and occupational performance in school-based setting. She demonstrated to staff members the correct manual handling techniques and skills needed to transfer the relevant children in a safe and secure manner. In this role, Sinead utilised her interpersonal and communication skills within her work to enable her to develop excellent working relationships with the students, their families and the school team.

Registered Address: 1 Suffolk Way, Sevenoaks, TN13 1YL
Address: Unity House, Westwood Park Drive, Wigan WN3 4HY

t: 01257 473967
e: info@taniabrown.com
w: www.taniabrown.com

Her broad experience has enabled her to develop a repertoire of skills to manage service users whose situations are incredibly complex providing clear person-centred solutions to issues that may arise.

In 2018, Sinead moved to a role in the social service setting as she wanted to expand her skills set in aids and adaptations and specialised equipment. She is currently working within the Disability Enablement Service where she is responsible for the management of the Paediatric Occupational Therapy Services and the assessment of children in all areas of life including; personal care, educational access, seating, leisure, domestic and community skills. Sinead visits clients in their own homes and is responsible for the prescription of appropriate equipment to service users and their families and also for training in specific skills to increase their independence. In this role, Sinead works closely with carers, therapists of other disciplines, teachers and learning support assistants in order to coordinating effective rehabilitation.

Sinead now combines her specialist occupational therapy role with her work at Tania Brown Limited as a Case Manager working with clients of all ages with complex neurological conditions and orthopaedic injuries. She is especially interested in working with adults and children with spinal cord injuries, brain injuries, cerebral palsy and other birth traumas. Her role as a case manager allows her to continue to work with people without capacity and with those people who have profound and complex disabilities.

As a moving and handling trainer, Sinead has a sound knowledge of the physical needs of clients and the people who provide their care. She has extensive experience of working as an occupational therapist and this has enabled her to develop an awareness of the difficulties associated with illness and disability for children/young people and their families. She is skilled at professional assessment, advice, and treatment for children who require short or long-term support, to maximise their ability with daily tasks, and to achieve their potential. Sinead has become adept implementing effective therapy and effective rehabilitation programmes, via the commission of appropriate clinicians, recruitment of support workers and procurement of identified equipment according to the client's individual circumstances.

Registered Address: 1 Suffolk Way, Sevenoaks, TN13 1YL
Address: Unity House, Westwood Park Drive, Wigan WN3 4HY

t: 01257 473967
e: info@taniabrown.com
w: www.taniabrown.com